

**Telephone numbers:**

Paderborn region:

Urology Ward 2D 05251 7022007

Gynaecology Ward B 05251 864360

***Day Case  
Treatment for  
Bielefeld and  
Paderborn***

***Day Case  
Treatment***

**For Patient Support (24/7) call**

**The Hospital Hotline**

**0800 588 9936**

**Sharing Your Information**

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[www.patient-wise.de/About-us/Publications](http://www.patient-wise.de/About-us/Publications)

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### **What is a Day Case Procedure?**

A day case procedure is an operation or investigation that does not require an overnight stay. It may involve anaesthetic or sedation and you may need some time to recover before you return home.

At the outpatient appointment before your procedure you will be told where to report on arrival at the hospital. In some cases you will be given a telephone number to call the evening before, where you will be told when to come to hospital.

If you are in any doubt about where you should be, please contact the Patient Support Officer (PSO) via the Hospital Hotline on 0800 5889936. The call is free from a German landline, but your mobile phone provider may charge for the call.

The PSO might not be at the hospital when you arrive, but is ALWAYS available 24/7 on 0800 588 9936.

If you cannot make your appointment and need a new date, please contact the PSO as above. If you are unwell in the three days before your appointment, contact your GP.

### **Please bring with you:**

- all tablets, medication, inhalers etc. you require
- your glasses, if you require them
- comfortable clothes for your journey home which should be big enough to wear over any bandages you may need without applying pressure to any wounds
- crutches, if needed, will be supplied by the hospital.
- Please note storage space is limited.

### **DO NOT bring valuables with you.**

On the Day Care Ward you will have to share

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a room with other patients. Please consider other patients in the room. If you bring a partner, friend or children please be aware that it may take time for the treatment or procedure to take place. Visitors will be asked to leave the room if the doctor or nurse has to attend to a patient.

The hospital tries to avoid waiting times, but it is not always possible to know exactly how long each procedure will take. If you have been waiting a while, please ask a member of staff what is happening or call the PSO to find out for you.

### **Please note:**

- your anaesthetic will be chosen to ensure that you recover quickly and with as few side effects as possible
- you may need to be shaved on the area of your body where you are having surgery
- when you have recovered sufficiently you will be offered something to drink
- after your operation you will stay for approx. 2-4 hours. You will then be examined by a doctor, who will tell you when you may leave.

If it is considered that you are not ready to return home you may be admitted onto one of the hospital wards.

### **Patient Support Officers (PSOs)**

Many of the staff will speak English but you may want additional assistance to help with translation. The Patient Support Officers are there to help with this and you or the staff can request their assistance. They can:

- interpret when you see medical staff
- help with questions you may have
- advise you on hospital routines.

### **Consenting to treatment:**

We want to make sure you fully understand

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your condition and the treatment options available to you. Before you receive treatment, it should be explained to you. The PSO can help you with this. You may be asked to sign a consent form before treatment starts. No treatment will be carried out without your agreement unless it is an emergency and you are unable to give consent.

### **Sharing of information:**

Your details will be kept confidential. However, if you are admitted to hospital, your Unit and Medical Centre will be informed of your admission and which ward you are on. This helps your Unit and other supporting organisations to give you or your family any assistance that may be needed. This is mandatory for all military personnel but if you are not a serving soldier and do not wish this, please inform the PSO on admission.

### **Going home:**

The doctor will tell you when you are able to go home and you will be given a discharge note. Please ensure that you have someone to collect you and stay with you for 24 hours after the operation, and that you know about any after-care which you may require. Although you may feel fit, due to the effect of any anaesthetic, sedation or other medication it is important that for 24 hours after your operation you do not:

- drive vehicles/handle weapons or operate dangerous machinery
- drink alcohol or take sleeping tablets
- make important far-reaching decisions or sign legal documents/contracts
- participate in any sporting activity
- go to work/school.

At home again, please remember to call the Telephone Assessment Service (TAS) on 0521 3053961 **after 17:00hrs** on the day of discharge. They will be able to help with ongoing medical requirements, such as a dressing change, GP appointments etc.