

Breast milk/breast feeding advice

Nutrition with breast milk is particularly important for preterms and newborns. We will gladly assist you when you would like to breast feed. There is also a breast pump available. The pumped milk will be fed with a bottle or a gastric feeding tube. Our breast feeding advisor Jutta Goldinger will be of your service and can be requested by our staff.

Kangaroo method

The kangaroo method is verified to have a positive influence on the physical and cognitive development of preterms. Therefore we would like to introduce you to this method as soon as possible.

Our project “Frühe Hilfen - Gemeinsam stark von Anfang an”

Early support - joint strength right from the start!

If you require support from our socio-pedagogical staff, that may assist you with social or financial questions or will aid you contacting public authorities, please do not hesitate to approach the staff. They will set up an appointment for you, if desired this can also be carried out anonymously.

Landstuhl Regional Medical Center affiliation:

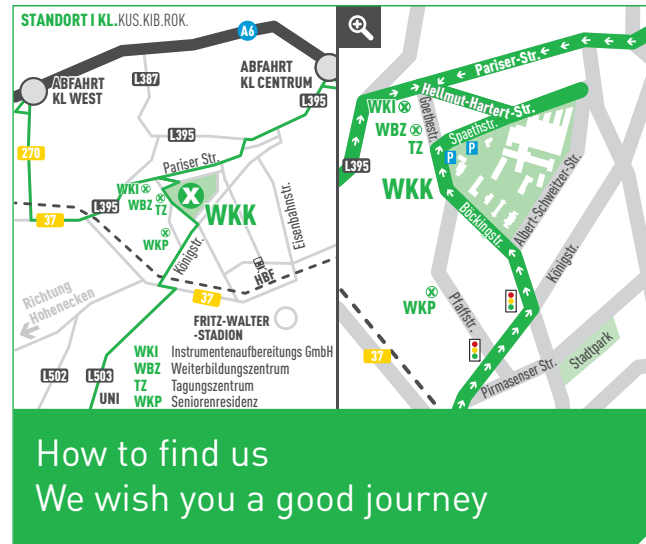
If you are affiliated with the LRMC, the host nation liaisons Bonnie DeJesus and Christa Bassler will provide you with all necessary information on their daily ward round.

Premie meeting

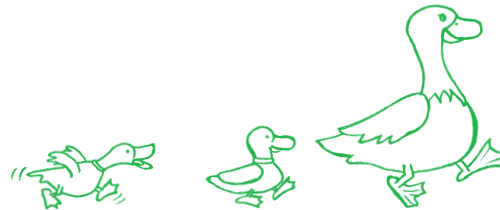
You are most welcome to join our preemie meeting each last monday of the month at 5 pm at the “Aula” (auditorium, house 19), where many of the former preterms and their parents meet up.

If you have any further questions or suggestions, please do not hesitate to contact us.

Your team from 20/2



How to find us
We wish you a good journey



Contact

Ward 20/2

Department of Pediatrics

Head of Department

PD Dr. med. Thomas Kriebel

T 0631 203-1379

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Picture on the front: www.fotolia.de



Westpfalz-Klinikum
GmbH

Akademisches Lehrkrankenhaus der
Universitäten Mainz und Heidelberg

Moderne Medizin mit
menschlichem Gesicht



Ward 20/2 Intensive Care Unit

Department of Pediatrics

Interdisciplinary pediatric and neonatal intensive care unit,
Level 1 center of perinatal care (level of maximum care)

Head of Department PD Dr. med. Thomas Kriebel

Headquarter I Kaiserslautern

Dear Parents!

Your child was admitted to our intensive care unit, because it is either a preterm or requires intensive medical care for other reasons. We certainly understand that you are worried by your child's health condition and possibly the situation is disturbing or even frightening. As soon as possible, we will try to explain everything to you regarding this ward and the medical care. In addition, this flyer should help you find your way around this ward.

We are particularly concerned about your child's well-being. To provide the best possible care of our young patients, we above all need your confidence, your cooperation and your assistance!

Organisation

Head of department:	PD Dr. med. Thomas Kriebel
Consultant neonatologist:	Kathrin Fritsche
Head nurse:	Andreas Kehl
Assistant head nurse:	Johanna Korn

You may contact us **24-hours** at **0631 203-1379**.

Visiting regulations

We always support the parent-child relationship. Therefore you have the opportunity to visit your child at nearly all times. Other family members also have the opportunity to visit your child after consulting our staff. But please understand that it is only possible for a maximum of two people to be at the bedside, from which one of these two needs to be a parent. During this time, other visitors may wait in the waiting area in front of the ward or in the parents room.

Unfortunately, access is not permitted for children younger than 12 years of age, please consider this when planning your visit. In the turbulent daily routine of an intensive care unit, it is important for the convalescence of the children to obtain resting times. Therefore we ask you to attune your visits to the periods of patient care, so that you will gradually be able to be involved into the care of your child.

Visiting regulations

From time to time you might not be able to enter the patient rooms due to certain examinations, emergency situations, ward rounds or shift changes. In these times you are welcome to use our parents waiting room.

Change of shifts (nurses):

Early shift:	6:00 am – 6:30 am
Late shift:	1:15 pm – 1:45 pm
Night shift:	9:00 pm – 9:30 pm

The daily **ward round with all the consultants** takes place on weekdays from **7:30 am to 8:00 am**, on Wednesdays in the presence of the parents. The other daily shift changes of the medical staff are from 2:30 pm until 3 pm and from 10 pm until 10:30 pm.

Please understand that during these times visits are not possible. To allow an efficient transfer of information during the shift changes, we ask you to only approach us in urgent matters. Apart from that we of course are always available for inquiries.

Hygienic instructions

For the protection of your child and the other patients we ask you to follow the instructions below:

- » Jackets and coats should be left in the foyer, there are also lockers provided in the parents room for your valuables.
- » Hands and forearms should be washed and disinfected when entering the ward, we also ask you to remove your jewelry, particularly rings.
- » In front of each room you find shelves with gowns, which should be worn when visiting your child. Each shelf is marked with a symbol, which you also find aside the bed of your child. Please ask our staff for assistance.
- » If you suffer from a respiratory disease or even just from a common cold, please wear a surgical mask. If you suffer from an infectious disease, e.g. a stomach flu, then please refrain from visiting. You are welcome to discuss this matter with our medical staff.

Parents room

At the end of the ward you find the parents room, which you are more than welcome to use during waiting times or if you just like to retreat. Furthermore the parents room may also be used for pumping breast milk. There is also a fridge, as well as a tea and coffee machine. Please leave the room clean and tidy after using it.

Valuables

There are lockers in the parents room provided. We accept no liability for valuables. Please leave larger amounts of money, expensive toys or clothes at home.

Admission as an accompanying person

An admission as an accompanying person is only possible in exceptional cases. We will gladly try to organise an accommodation for you at another ward within our children's hospital. Across the street, there is also an apartment available, which is sponsored by the "Förderkreis kranker Kinder Kaiserslautern e.V." (sponsor group for ill children in Kaiserslautern). If required, you will receive further information regarding the apartment from our staff.

Physiotherapy

Several physiotherapists support the healing process of your child. The hours can be asked from our nursing staff. An appointment for parents instructions can be made directly with our physiotherapists.

