

Primary Care Pathway for the Ramstein Population at Risk (PAR)

If you require to see a Doctor please follow this pathway:

Please contact the 24/7 Call Centre to obtain advice. The number to call from Ramstein is: **0521 305 3961** where the qualified team will provide advice on the most appropriate pathway to meet your need.

This may include:

- Self care
or
- Referral to GP with onward referral to a Community Practice for further investigations and treatment
or
- Referral direct to a Secondary Healthcare Hospital.

For your information the following is a list of preferred providers for Primary Care Adults & Children and Services for women in the Ramstein area.

Speciality	Name	Contact Details	Consulting Hours
Primary Care	Dr Hans Peter Nikolaus	Marktstrasse 32	Mon/Tues/Thur 0800 to 1800hrs
General Practitioner	English Spoken	66877 Ramstein-Miesenbach	Wed/Fri 0800hrs to 1200hrs
		Tel: 06371 598480	Sat/Sun Closed
Primary Care	American Walk In Care Unit	Bahnstrasse 104	Mon to Fri - 0800hrs to 1800hrs
	English Spoken	66849 Landstuhl	Sat/Sun - Closed
		Tel: 06371 495021	
Paediatrics	Drs Schmitt & Seipenbusch	Schulstrasse 4	Mon/Thurs 0800hrs to 1800hrs
	English Spoken	66877 Ramstein Miesenbach	Tues 0800hrs to 1730hrs
		Tel: 06371 50398	Wed 0800hrs to 1200hrs
			Fri 0800hrs to 1300hrs
			Sat/Sun Closed
	American Care	Bahnstrasse 104	Mon to Fri -0800hrs to 1800hrs
	English Spoken	66849 Landstuhl	Sat/Sun - Closed
		Tel: 06371 495021	
Please Note: most clinics close for lunch 1230hrs to 1430hrs			

Well Women e.g. Cervical Screening Mammography	Dr M Mader	Nardiniklinikum	
	English Spoken	Nardinistrasse 30	
		66849 Landstuhl	
		Tel: 06371 842801	
Please call 0521 772 77280 to organise an appointment			

Specialist Services			
Your GP may recommend further investigation or referral to the following specialists:			
PHYSIOTHERAPY	American Care	Bahnstrasse 104	Mon to Fri - 0800hrs to 1800hrs
	English Spoken	66849 Landstuhl	Sat/Sun - Closed
		Tel: 06371 495021	
If you are prescribed physiotherapy as a result of attending the GP please call TAS and make them aware that your care is continuing with another clinical specialty.			
Radiology	Dr Med. Zendel and partners	Bahnstrasse 108	Mon/Tue/Thurs 0800hrs to 1800hrs
X-ray/CT/MRI	English Spoken	66849 Landstuhl	Wed 0800hrs to 1300hrs
Mammography		Tel: 06371/4049222	Fri 0800hrs to 1400hrs
			Sat/Sun Closed
	American Care	Bahnstrasse 104	Mon to Fri - 0800hrs to 1800hrs
	English Spoken	66849 Landstuhl	Sat/Sun - Closed
		Tel: 06371 495021	
			Sat/Sun Closed

MEDICATION

If you require medication following your consultation a prescription will be supplied by the Community GP or Specialist. Please take this prescription to the local chemist (St. Hubertus Apotheke, Landstuhlerstr.2, 66877 Ramstein.) where the drugs will be dispensed.

DIRECT REFERRAL TO SECONDARY HEALTHCARE (SHC)

If you are advised by the Call Centre to go directly to hospital and require an ambulance please call 112.

If you are fit to travel in your own vehicle please make your way to one of the following facilities.

Specialty	Name	Contact Details	
Please call the 24/7 Hospital Hotline 0800 588 9936 for Linguistic and Billing Support.			
All Paediatric A&E	Westpfalz Klinikum	Hellmut-Hartert Strasse 1 67655 Kaiserslautern Tel 0631 2030	24/7 Emergency Care
All Adult A&E	NardiniKlinikum St Johannes	Nardinistrasse 30 66849 Landstuhl Tel: 06371 840	24/7 Emergency Care
For information: Adult Patients who require an ambulance can also be taken to the following hospitals			
	Westpfalz Klinikum	Hellmut-Hartert Strasse 1 67655 Kaiserslautern Tel 0631 2030	24/7 Emergency Care
	University Hospital Saarland (UKS)	Kirrbergerstrasse 100 66424 Homburg Tel: 06841 160	24/7 Emergency Care
If you are referred to or self present at a hospital, please call the Hospital Hotline on 0800 588 9936 so they can provide linguistic support if required, and also liaise on your behalf to obtain medical reports and if necessary arrange outpatient appointments.			

OCCUPATIONAL HEALTH FOR SERVING PERSONNEL

Please be aware that all recommendations for hospital care for serving personnel must be reviewed, in line with MOD Occupational Health Policy, by a Defence Clinical Advisor (DCA) before any surgical intervention can take place. Please call the SHC Clinical Referrals Team on 0521 772 77892 or email GSTTClinicalTeam@shcac.de for further information.

BILLING AND PAYMENT SUPPORT

Please contact the 24/7 Hospital Hotline on 0800 588 9936 (free phone from a landline) to ensure that arrangements are made to have your hospital invoice sent to the appropriate SSAFA GSTT LLP Department. If you have an invoice query please contact the SHC Invoice Department 0521 772 77850. **If you receive an invoice please email to: ramstein@shcac.de**